INTERNATIONAL STUDENTS

What is the difference between racism and xenophobia?

Xenophobia is the fear and hatred of strangers or foreigners, whereas racism has a broader meaning set including "a belief that racial differences produce the inherent superiority of a particular race."

Some reasons why xenophobia is on the rise

- Covid-19: discrimination is not only targeting mainland Chinese people, but people of east and south east Asian descent more broadly, including those who are not first-generation immigrants. The rapid spread of the coronavirus from China to the world has naturally led to fear and panic which can and have caused irrational and even illegal behaviours.
- Brexit: e.g. the conception that immigration impedes productivity or places strain on governmental finances, when in fact the OECD and the UK's own Migration Advisory Committee have produced comprehensive reports proving otherwise. As a result of misinformation and scapegoating, hate crime is on the rise.

How you can help fight against it?

Make a distinction between preventive and repressive measures for combating racism and xenophobia.

The first would comprise, for example, information and awareness campaigns, cultural exchange and multicultural education. As members of the student community, we can contribute to this combating measure the most.

The second are situated more directly in the realm of legislation and could include criminal prosecution for discrimination in the areas of employment, housing or education.

Statistics
- Hate crime statistics: 11% increase 2017/18 to 2018/19, from 71,264 cases to 78,991 cases.
- The number of recorded hate crimes has more than doubled in the years 2013-2018 and is likely to be related in part to the aftermath of the Brexit vote and the spate of terrorist attacks last year, according to the Home Office.

Hate crime reporting statistics by country: https://hatecrime.osce.org/what-hate-crime/racism-and-xenophobia
Country-specific cases and anecdotes: https://www.hrw.org/news/2020/05/12/covid-19-fueling-anti-asian-racism-and-xenophobia-worldwide

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REFLECTION POINT
Which of the following could be most effective when helping to fight against xenophobia? How may they be challenging?

- Call out bigotry and hate speech
- Celebrate other cultures, which will allow for greater cultural diversity
- Stand up for people being harassed, either by intervening if it is safe to do so or reporting the matter using the available resources (can be done anonymously)
- Understand public perceptions and build fact-based discourse

RESOURCES

- **Resources in college**
    - Porter's Lodge (01223 334900)
    - College Nurse
    - Tutor/Senior Tutor
    - Male/Female Welfare Officers
    - BAME Officer
    - LGBT+ Officer
- **Resources in the university**
    - [Student Unions' Advice Service (SUAS)](#)
    - Nightline - open between 7am and 7am, 01222374444
    - [University Counselling Service (UCS)](#)
    - Sexual Assault and Harassment Advisor (SAHA), Amy O'Leary (more info on handout)
    - Office for Student Conduct, Complaints and Appeals (OSCCA)
    - [CUSU BME Campaign](#)
    - [FLY Cambridge](#)
    - [FUSE Cambridge](#)
    - [Cambridge ACS](#)
    - [third space](#)
    - [King's Traces of Empire](#)
- **In Cambridge**
    - Your GP (incoming Fresher's need to register)
    - Addenbrooke's A&E
    - Lime Tree Clinic
    - Cambridge Rape Crisis Centre (women only)
    - Broken Rainbow (LGBT+ only)
    - Samaritans

BBC iplayer:
- Windrush Scandal
    - Sitting in Limbo 2020: https://www.bbc.co.uk/iplayer/episode/p08g29ff/sitting-in-limbo

- Murder of Anthony Walker
    - Anthony 2020: https://www.bbc.co.uk/iplayer/episode/m000lb9c/anthony

Books:
- **White Fragility: Why It's So Hard for White People to Talk About** Racism by Robin DiAngelo
- **Taking up Space** by Chelsea Kwakye and Ore Ogunbiyi
- **Why I'm No Longer Talking to White People About Race** - by Reni Eddo-Lodge 2018
- **Natives: Race and Class in the Ruins of Empire** - by Akala 2019
- **How to Be an Antiracist** - by Ibram X. Kendi 2019
- **Inglorious Empire: What the British Did to India** by Shashi Tharoor 2017
- **The Cross and The Lynching Tree** - by James H Cone 2013